

MINNESOTA INTERCOLLEGIATE ATHLETIC CONFERENCE
2026 Men's Indoor Track & Field Championships
Thursday-Saturday, Feb. 26-28 • Northfield, Minnesota

ALL-CONFERENCE INDIVIDUALS

55-Meter Dash

1. Landen Liu, BU	6.31
2. Ryan Cramer, SMU	6.45
3. Jade Anstine, GAC	6.52

200-Meter Dash

1. Grant Nelson, BU	21.91
2. Kieran Murnan, SJU	22.39
3. Jade Anstine, GAC	22.43

400-Meter Dash

1. Grant Nelson, BU	48.75
2. Noah Kubicek, CSS	48.99
3. Elliot Kent, BU	50.00

600-Meter Run

1. Noah Kubicek, CSS	1:20.47
2. Victor Lelinga, BU	1:21.05
3. Paxon Myers, STO	1:21.27

800-Meter Run

1. Cullen Moore, STO	1:53.05
2. Lance Nemecek, STO	1:53.06
3. Christian Fells, STO	1:53.84

1000-Meter Run

1. Cole Stencil, SJU	2:27.44
2. John Ihrke, MAC	2:27.47
3. Cullen Moore, STO	2:27.85

Mile Run

1. Cole Stencil, SJU	4:10.26
2. Gabe Nichols, CAR	4:12.40
3. Jackson Bullock, STO	4:13.61

3000-Meter Run

1. Kevin Turlington, STO	8:16.34
2. Gabe Nichols, CAR	8:18.58
3. Quinn Hoisington, MAC	8:38.51

5000-Meter Run

1. Kevin Turlington, STO	15:03.46
2. Tyler Edwards, MAC	15:08.21
3. Will Janzen, GAC	15:08.27

55-Meter Hurdles

1. Pryce Ferrin, BU	7.68
2. Logan Swanson, BU	7.69
3. Spencer Strohm, CSS	7.83

High Jump

1. Eli Hegland, CON	1.93m
T2. Kyler Flunker, GAC	1.90m
T2. Trevor Turner, CSS	1.90m

Pole Vault

1. Austin Schloeder, HU	4.68m
2. Stephen Feig, BU	4.58m
3. Tyler Evans, CON	4.58m

Long Jump

T1. Nick Bovitz, BU	7.02m
T1. Max Albertson, STO	7.02m
3. Tommy Schreiner, CON	6.83m

Triple Jump

1. Isaiah Watson, HU	14.44m
2. Ataa Mensah, MAC	14.14m
3. Nick Bovitz, BU	13.99m

Shot Put

1. Cooper Folkestad, CON	18.54m
2. Grady Minnerath, SJU	15.26m
3. Blake Houska, CON	14.91m

Weight Throw

1. Joshua Monreal, CSS	18.25m
2. Austin Mills, MAC	17.10m
3. Timmy Ball, BU	16.60m

Heptathlon

1. Soren Kaster, CAR	4,783
2. Bailey Evans, SJU	4,712
3. Connor McCormick, GAC	4,694

MIAC Men's Track Athlete of the Year

Grant Nelson, BU

MIAC Men's Field Athlete of the Year

Cooper Folkestad, CON

MIAC Men's Rookie of the Year

Logan Swanson, BU

MIAC Men's Coach of the Year

Andrew Rock, BU

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ALL-CONFERENCE RELAYS

4x200-Meter Relay

- | | |
|-----------------|---------|
| 1. Bethel | 1:28.36 |
| Sam Raitz | |
| Stephen Feig | |
| Will Sportel | |
| Grant Nelson | |
| 2. Saint John's | 1:28.79 |
| Aiden Jones | |
| Andy White | |
| Hunter Mohr | |
| Kieran Murnan | |
| 3. Gustavus | 1:29.30 |
| Tyler Heil | |
| Luke Scheel | |
| Conner Martens | |
| Jade Anstine | |

Distance Medley Relay

- | | |
|------------------|----------|
| 1. St. Olaf | 10:15.94 |
| Jackson Bullock | |
| Aidan McKeever | |
| Austin McInturff | |
| Garrett Seppanen | |
| 2. Carleton | 10:19.92 |
| Jacob Hopkins | |
| James Alexander | |
| Indy Lyness | |
| Gabe Nichols | |
| 3. Saint John's | 10:21.61 |
| Lars Molenkamp | |
| Wyatt Witschen | |
| Max McCoy | |
| Nick St. Peter | |

4x400-Meter Relay

- | | |
|------------------|---------|
| 1. Bethel | 3:18.48 |
| Elliot Kent | |
| Victor Lelinga | |
| Tony Haack | |
| Grant Nelson | |
| 2. St. Olaf | 3:21.95 |
| Lance Nemecek | |
| Austin McInturff | |
| Cullen Moore | |
| Paxon Myers | |
| 3. Concordia | 3:22.91 |
| Brayden Carlson | |
| Ryan Richardson | |
| Joey Molstre | |
| Michael Crowder | |

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HONORABLE MENTION INDIVIDUALS

55-Meter Dash

4. Cristian Escobar Pearson, STO	6.56
5. Kieran Murnan, SJU	6.58
6. Stephen Feig, BU	6.62

200-Meter Dash

4. Noah Kubicek, CSS	22.48
5. Conner Martens, GAC	22.57
6. Elliot Kent, BU	22.59

400-Meter Dash

4. Caleb Ketterling, BU	50.10
5. Conner Martens, GAC	50.30
6. Brody Schelhaas, BU	50.45

600-Meter Run

4. Owen Montreuil, SJU	1:21.52
5. Austin McIntruff, STO	1:21.59
6. Lance Nemecek, STO	1:22.17

800-Meter Run

4. Paxon Myers, STO	1:54.62
5. Victor Lelinga, BU	1:54.79
6. Owen Montreuil, SJU	1:54.85

1000-Meter Run

4. Nicholas Brauer, GAC	2:28.10
5. Jackson Bullock, STO	2:30.70
6. Nick St. Peter, SJU	2:30.89

Mile

4. Nicholas Brauer, GAC	4:16.46
5. Alex Bjork, STO	4:18.09
6. Emerson Lange, CAR	4:20.29

3000-Meter Run

4. Alex Bjork, STO	8:39.54
5. Tyler Goss, CON	8:41.98
6. Tyler Edwards, MAC	8:42.81

5000-Meter Run

4. Gael Manzur Strandlund, STO	15:08.70
5. Tyler Goss, CON	15:13.79
6. Jonathan Pattie, STO	15:18.60

55-Meter Hurdles

4. Morris Suah, HU	7.85
5. Blake Viesselman, BU	7.90
6. Hayden Hauf, CON	7.98

High Jump

4. Shawn Huberty, AUG	1.87m
5. Landon Gilbertson, GAC	1.84m
6. Bailey Evans, SJU	1.81m

Pole Vault

4. Austin Mohr, SJU	4.48m
5. Alex Chirhart, SJU	4.38m
6. James Gates, CAR	J4.38m

Long Jump

4. Josiah Budiman, HU	6.77m
5. Rik Cumps, STO	6.76m
6. Brayden Wladron, BU	6.67m

Triple Jump

4. Chris Verdier, CON	13.67m
5. D'Vante McElroy, AUG	13.46m
6. Liam Frommelt, GAC	13.29m

Shot Put

4. Adam Hokanson, BU	14.75m
5. Timmy Ball, BU	14.34m
6. Dylan Hageman, BU	14.12m

Weight Throw

4. Philip Conant, BU	16.21m
5. Adam Hokanson, BU	16.00m
6. Ron White, SMU	15.39m

Heptathlon

4. Noah Besemann, SJU	4,557
5. Joey Molstre, CON	4,508
6. Timothy Hubers, BU	4,261

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HONORABLE MENTION RELAYS

4x200-Meter Relay

4. St. Olaf	1:31.66
Gavin Vogel	
Jakob Eenigenburg	
Abe Polzien	
Max Albertson	
5. Carleton	1:32.26
Max Jones	
Isaac Robertson	
James Alexander	
Asher Nathan	
6. Macalester	1:32.70
Henry Schonebaum	
Mike Zhao	
Drew Morral	
Sebastian Stefanowicz	

Distance Medley Relay

4. Macalester	10:24.74
Daniel Wiltse	
Henry Schonebaum	
Donovan Connole	
Quinn Hoisington	
5. Bethel	10:26.62
TJ Strubbe	
Tonny Haack	
Michael Schultz	
Hootie Hage	
6. St. Scholastica	10:48.95
Jeffrey Kayfes	
Ben Westholm	
Zachary Bartsh	
Connor Feldt	

4x400-Meter Relay

4. Saint John's	3:23.01
Wyatt Witschen	
Owen Montreuil	
Hunter Mohr	
Cooper Smith	
5. Gustavus	3:24.16
Luke Scheel	
Cullen Arneson	
Nicholas Brauer	
Conner Martens	
6. Carleton	3:24.31
James Alexander	
Isaac Robertson	
Reed White	
Daniel Scheider	